bea·fon

F501
User manual
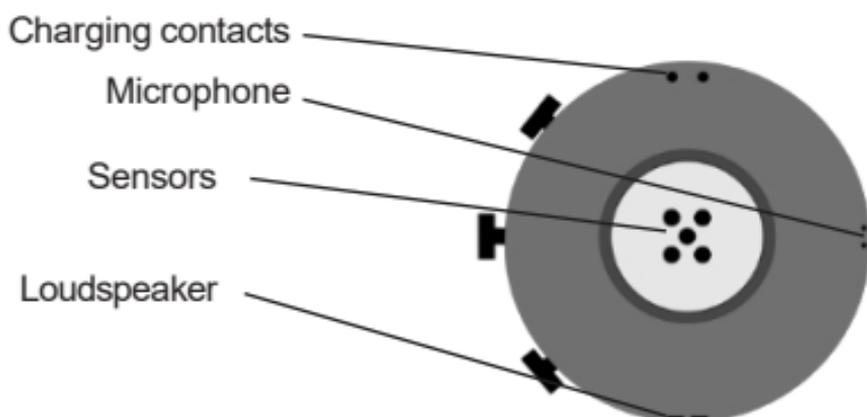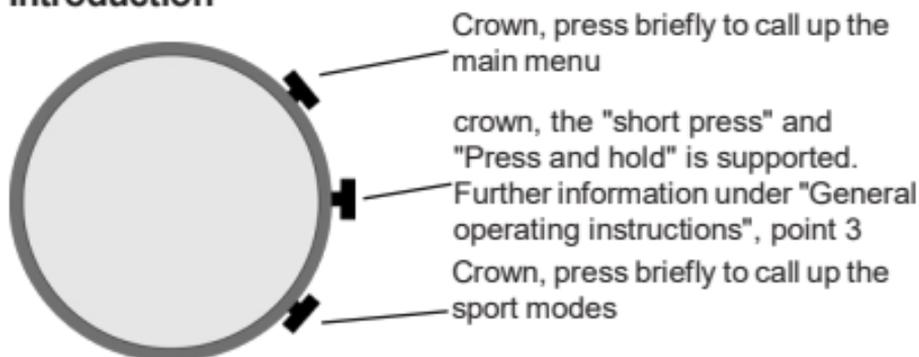
Congratulations on your purchase of a Bea-fon 501

Please read these instructions to the best use of the smartwatch. We accept no liability for improper handling. We are constantly endeavouring to improve our products and services. Bea-fon therefore the right to changes and improvements to the products described in this documentation without prior notice.
The content of this user manual is provided in its present form. Bea-fon accepts no liability for the accuracy or completeness of the content of this user manual.
There may be slight differences between the illustrations in the manual and your smartwatch; these serve as examples. Please use the smartwatch as a guide.

If the font too small and difficult to read, you can view a full version of the operating instructions on our website at www.beafon.com.

Introduction

Crown, press briefly to call up the main menu

crown, the "short press" and "Press and hold" is supported. Further information under "General operating instructions", point 3

Crown, press briefly to call up the sport modes

Charging contacts

Microphone

Sensors

Loudspeaker

First steps

1. Open the packaging and check the Contents.
2. Scope of delivery:
1) 501 Smartwatch (with integrated lithium battery)
2) User manual
3) charging cable +
3. Charge the watch before using it for the first time to activate and switch it on. To charge, connect the magnetic charging cable to the charging contacts on the back of the watch.
4. Search the App Store or Google Play for "DaFit" or scan the QR code to download and install the app.
5. Log in to the app and enter your personal details and your targets for steps and weight.
6. Tap the "Add" button in the "Devices" menu at the top right corner to start the search..
From the list of devices found, select the name of the smartwatch you want to pair with.
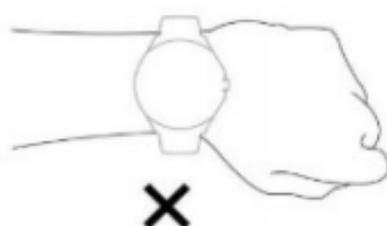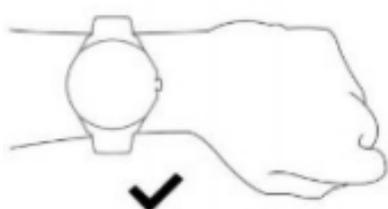
Clock
1. The watch records your data automatically.
2. You can your heart rate, blood oxygen level, stress level and sleep with the watch or activate the automatic measurement of heart rate, blood oxygen level and sleep duration in the app to this data throughout the day. You can set the watch manually or automatically to continuously monitor your health.
3. Start training:
1) When the dial displayed, briefly press the crown to access the app list. Tap the "Training" icon to access the icons for the different training types and then tap the icon of a training type (e.g. "Outdoor running") to start the training.
2) The watch can display up to 10 types of training as standard. You can add or delete the training types displayed on the watch or change their order.

App
1. Start "DaFit", activate the Bluetooth function and grant authorisation for GPS tracking.
2. Switch on the watch screen and hold it close to your phone.
3. Tap on "Add" in the app and select the smartwatch model you want to connect to from the search results.
4. Confirm the linking request on the smartwatch.

General operating instructions
1. Wear the watch correctly: Make sure that the watch sits at least one finger's width above the wrist bone and that the sensor on the back touches the skin.

2. Screen operation: The 501 has a touchscreen that supports functions such as tapping, swiping left/right and swiping up/down.

3. Crown: The watch has a crown that supports the "press briefly", "press and hold" and "turn". Short press: Activate the screen to
to return to the start page/interrupt training. Press and hold: Press and hold for 2 seconds to switch the watch on or off.
Rotate: Use the crown to control interaction with the screen, e.g. changing the display content.

Functional description

1. Dial
Replacing the dial
To change the watch face, turn the crown or press and hold the watch face and then swipe to the left or right and then tap the desired watch face to complete the change.
The smartwatch has several integrated watch faces. The mobile phone app also offers a large selection of additional watch faces.

2. Training
The Smartwatch 501 supports the customisation of sports, which can be adapted in more than 100 sports modes.
Some of the outdoor sports support the connection with the mobile phone GPS. You can call up the app page to check the GPS tracking after the sport.

3. App list
When the watch face is displayed, briefly press the button at the top to access the app list: Activity data, Phone, Training, Running training, Training records, Heart rate, SpO2, Sleep, Menstrual cycles, Alarm, Stopwatch, Timer, World clock, Weather, Music, Camera control, Search mobile phone, Settings. You can select the view of the app list in the settings.

3.1 Telephone
1. You can add frequently used contacts to your watch via the app and then call these contacts via your smartwatch.
2. You can display the call list on your watch and call the numbers displayed in the call list.
3. You can make calls using the dialling function on the watch.
Separation of media content and calls
To separate media content on the phone and phone calls on the smartwatch, deactivate the "Audio Bluetooth" in the phone settings of the watch.

3.2 Activity data

Once you have set up the watch correctlyactivate "Step counting" with the watch. Let yourself
display the number of steps, calories, distance travelled and other parameters of daily exercise.

3.3 Heart rate

Wear the 501 correctly, not too tight and not too loose, make sure that no green light is emitted, activate the "Heart Rate" app and measure your heart rate automatically.

3.4 SpO2

1. The smartwatch can measure the SpO2 value. The measurement can be started by tapping on the corresponding page.
2. The last 7 measured values are saved. Further data can be viewed by swiping upwards.

3.5 Blood pressure measurement

1. the smartwatch can measure blood pressure. This is a calculated value based on algorithms. Therefore, the measurement results are not comparable with medical devices and should not be used for medical diagnosis or treatment.

3.6 Sleep

You can view the last sleep report and the sleep status in each phase.

3.7 Stopwatch

You can use the watch as a stopwatch. The stopwatch has a so-called "lap" function (lap counting).

3.8 Alarm clock

Up to 8 alarm clocks can added, deleted or switched on and off. Alarm clocks can also set via the app.
The alarm delay time is 10 minutes. Note: The alarm clock only works in vibration mode.

3.9 Timer

You can a timer on the clock with a preset duration to you when the time has elapsed. You can customise the timer time.

3.10 Weather

The smartwatch displays the weather forecast for the current city. current weather, temperature, sunrise and sunset are visible. The maximum and minimum values for the coming days are also displayed. The weather data
are updated regularly and can be synchronised via the app.

3.11 Music

Control your mobile phone's music player to play music, change tracks and adjust the volume.

3.12 Search mobile phone

1. When the watch is connected to the app, you can make your mobile phone ring.
2. Tap the symbol to end the ringing.
3. This function can activated/deactivated in the app settings.

3.13 Menstrual cycle

Once you have opened "Menstrual cycle" in the app and set the cycle length and reminder time, the watch displays the menstrual cycle function.

3.14 Camera control

When the watch is connected to the app, you can manually switch on the mobile phone's system camera to control the taking of photos.

3.15 Settings

1. In the clock settings, you can set the time until the screen switches on, the ringtone volume and the vibration etc.
2. You can also switch off, restart or reset the watch in the watch settings (deletes all data stored in the watch and disconnects the watch from your mobile phone).

4. Notifications and reminders

The smartwatch supports various , including: Message reminders, incoming call notifications, exercise reminders, drink reminders, training goal reminders, high heart rate alerts Reminders can be managed in the Settings app.

5. System control

You can use the system control panel to control functions such as

Simply activate "Do not disturb", "Wake up", "Screen brightness", "Find my mobile phone" and "Flashlight" etc.

Charging instructions

The charging cable is magnetic with two pins. To charge the smartwatch, simply connect the 2-pin charging cable to the charging port on the smartwatch.

Technical data

Bluetooth version	BLE 5.2
Display	AMOLED, 1.43 inch, 466 x 466 pixels
Dimensions	46.3 x 11.8 mm
Weight	42.4G (without wristband)
Width of the bracelet	22 mm stainless steel / rubber
Battery	Lithium polymer battery
Battery capacity	3.7 V / 350 mAh
Battery life	5 - 7 days
Charging method	Inductive charging
Charging time	Max. 3 hours
Protection class	IP67

Recycling

Always return your used electronic products, batteries, rechargeable batteries and packaging materials to the appropriate collection points. In this way, you will help to avoid uncontrolled waste disposal and minimise the

promote the reuse of material resources. The crossed-out wheeled bin symbol on the product, battery/rechargeable battery, packaging material and in the documentation means that electrical and electronic products, batteries and rechargeable batteries must be disposed of separately from household waste at the end of their service life. have to be made. This regulation applies in the European Union. Do not dispose of these products with unsorted household waste.

Storage and care

- Only clean the product with a slightly damp, lint-free cloth and avoid using harsh cleaning agents.
- Make sure that no water penetrates the product.

Warnings about the battery

- The battery must not be opened, dismantled, thrown into a fire or exposed to excessive heat. Risk of explosion or fire!
- Do not bring any metal objects into contact with the battery contacts in order to avoid short circuits.
- Only use the charger supplied or recommended by the manufacturer.
- If the battery is damaged, deformed or leaking, it must not be used any further. Avoid contact with leaking substances!
- Do not immerse the battery in water or other liquids and do not store it in a damp environment.
- Dispose of in accordance with the local regulations for waste electrical and electronic equipment. Do not dispose of the battery with household waste.
- Keep the battery out of the reach of children. Risk of swallowing with small components!

Declaration of Conformity

Bea-fon Mobile GmbH hereby declares that the model 501 is in compliance with the essential requirements and other relevant provisions of the Radio Equipment Directive 2014/53/EU (RED). You can download a copy of the Declaration of Conformity:
https://beafon.com/zertifikate/

Frequency band	2402 - 2480 MHz
Maximum radio frequency power	1.04 dBm

Limitation of liability
- Bea-fon Mobile GmbH accepts no liability for relevant, indirect, special, accidental or consequential damages.
  or unavoidable injuries caused by the use of this product, including injuries that are foreseeable.
- We decline all responsibility and liability for losses caused natural disasters (such as earthquakes, floods, etc.) or other events or accidents (including wilful or accidental misuse by the user in connection with these accidents or other unusual circumstances) which are not within our area of responsibility.

Further information
If you have any questions or would like to find out more about one of our devices, please feel free to contact us or visit our website at www.beafon.com.
e-mail: support@beafon.com

Customer service
Please always send in defective devices with all accessories such as charger, mains adapter, etc.
Before despatch, also remove all accessories have been attached for protection or aesthetic reasons. We accept no for loss.

Please only send a copy of the proof of purchase! A return is not possible. A cost estimate will be prepared for devices that are sent in for repair outside the warranty period. This also applies
for exclusion criteria such as moisture damage, lightning damage, unauthorised tampering, lack of proof of purchase, etc.

address
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CE

V.1.1